

Recruitment Ref:

AfC Ref:

Job details

Job title: Highly Specialist Clinical Exercise Physiologist

Band: 7

Hours: Service to populate

Contract:

Location:

Responsible to:

Reports to:

Liaises with:

Job purpose

- To lead and manage the delivery and development of the cancer prehabilitation and/or rehabilitation services, including lifestyle and behaviour change
- To lead the delivery of standardised functional assessments and personalised exercise prescription to service users
- Provide clinical and operational leadership across the service including the development of service

Main duties and responsibilities

Cancer prehabilitation and/or rehabilitation (perioperative and non-surgical)

Within a multi-disciplinary team draw on highly specialist knowledge to manage a comprehensive cancer prehabilitation and/or rehabilitation programme, to include:

- Manage and conduct standardised functional capacity tests to establish physical capabilities and develop personalised exercise programmes suitable to the service user's needs and limitations, including those with complex conditions and comorbidities
- Manage and conduct complex clinical assessments and risk stratification
- Lead the delivery and content of educational talks, such as exercise, goal setting behaviour change and nutrition
- Lead the development and delivery of personalised exercise-based prehabilitation and rehabilitation sessions for people with cancer, utilising innovative technologies, systems and online applications, e.g. mHealth, where appropriate
- Monitor and progress complex service users undergoing prehabilitation or rehabilitation, evaluating their condition and adapting their programme as necessary within department standards and protocols seeking senior assistance as required
- Implement cancer services in line with service policies and procedures
- Communicate with all members of the clinical team and the wider multidisciplinary team
- Liaise with relevant health and leisure professionals to ensure continuity of service users care (service to delete as required)
- Ensure all records associated with prehabilitation and/or rehabilitation are maintained in accordance with the Code of Conduct and Caldicott principles

Main duties and responsibilities (Continued)

- Organise and allocate the supervision of students attending for work or clinical experience.
- Supervise and mentor junior staff members to enable career progression and conduct appraisals.
- Lead in preceptorship for junior staff members
- Develop and implement department policy and procedures
- Support with budget management, business case development and workforce planning
- Lead with service recruitment
- Contribute to qualitative and quantitative service outcome data by entering confidential service user data into paper-based service user records and use computer information systems to ensure all clinical audit data is recorded as required (service to delete as required)

Professional and health education

Support fellow health and other professionals, and members of the public by:

- Maintain a Continued Professional Development (CPD) portfolio that demonstrates Academy for Healthcare Science (AHCS) Clinical Exercise Physiologist registration
- Be professionally and legally accountable for all aspects of own work including the management of service users in your care, practicing in accordance with the AHCS standards of professional conduct and good scientific practice
- Maintain highly specialist knowledge and understanding of research literature relating to cancer
- Work in accordance with the scope of practice for a UK Clinical Exercise Physiologist
- Undertake and lead service audit and evaluation
- Generate research ideas relevant to practice and influence the services research and development agenda
- Respond to requests for advice and information from the public and other health professionals
- Negotiate, establish and maintain relationships with relevant stakeholders
- Attend regular clinical supervision sessions and participant in annual personal performance and development review sessions
- Lead in maintaining links with local and regional higher education organisations
- Ability to travel across sites to deliver cancer prehabilitation and/or rehabilitation (service to populate)

Other duties and responsibilities

Service to populate

This is not intended to be exhaustive and may be reviewed periodically with the post holder to ensure that the job relates to the job being performed.