

Recruitment Ref:

AfC Ref:

Job details

Job title: Specialist Clinical Exercise Physiologist

Band: 6

Hours: Service to populate

Contract:

Location:

Responsible to:

Reports to:

Liaises with:

Job purpose

- To lead on needs-based screening and assessment including functional capacity to guide personalised exercise prescription
- To lead in the prescription and delivery of evidenced based cancer specific exercise prehabilitation and rehabilitation in the clinical or community setting

Main duties and responsibilities

Cancer prehabilitation and/or rehabilitation (perioperative and non-surgical)

Within a multidisciplinary team, lead in the coordination, delivery and development of a comprehensive, needs-based exercise programme, to include:

- Lead and conduct health screening, medical history and risk stratification
- Lead, conduct and interpret appropriate standardised functional capacity tests to establish physical capabilities and develop personalised programmes of exercise suitable to the service user's needs and limitations
- Lead delivery of teaching and advisory resources for service users and their families on how to manage their condition and promote behaviour change, or support the multi-disciplinary team to do so
- Lead the development and delivery of personalised exercise-based prehabilitation and rehabilitation sessions for people with cancer, utilising innovative technologies, systems and online applications, e.g. mHealth, where appropriate
- Lead in the monitoring and progression of service users, evaluating their condition and adapting their programme as necessary, recognising when onward referral is required
- Communicate appropriate information and advice at each stage to service users, their families and the multi-disciplinary team
- Lead in ensuring all records associated with cancer prehabilitation and/or rehabilitation are maintained in accordance with the Code of Conduct and Caldicott principles

Main duties and responsibilities (Continued)

- Lead in the preparation of the exercise areas and maintain clinical equipment. Lead on reporting of and solutions to faults
- Supervise daily cleaning and regular deep cleaning of all exercise equipment as per department standards
- Lead in preceptorship for junior staff members
- Liaise with Highly Specialist Clinical Exercise Physiologist and/or Advanced Specialist Clinical Exercise Physiologist to discuss management of more complex service users
- Communicate with all members of the prehabilitation and/or rehabilitation team and the wider multidisciplinary team in an effective manner
- Delegate to other members of the multidisciplinary team and take accountability for their delegated activity
- Liaise with relevant health and leisure professionals to ensure continuity of service user care (service to delete as required)
- Contribute to qualitative and quantitative service outcome data by entering confidential service user data into paper-based service user records and use computer information systems to ensure all clinical audit data is recorded as required (service to delete as required)
- Undertake any other duties commensurate with the post as determined by the Service Lead
- Contribute towards department policy development by providing comments on new proposals
- Contribute data for research audit or service evaluation
- Contribute to maintaining and updating health education materials (physical and electronic)
- Ability to travel across sites to deliver (service to populate)

Professional and health education

Support fellow health and other professionals, and members of the public by:

- Maintain a continued professional development portfolio that demonstrates continued Academy for HealthCare Science (AHCS) Clinical Exercise Physiologist registration
- Be professionally and legally accountable for all aspects of own work including the management of service users in your care, practising in accordance with the AHCS standards of proficiency and good scientific practice
- Lead in the supervision and development of planned student placements
- Lead in the response to request for advice and information from the public and other health professionals, delegating where appropriate
- Maintain up to date knowledge and understanding of national guidance and research literature relating to the prevention, treatment and rehabilitation of cancer
- Work in accordance with the scope of practice for a UK Clinical Exercise Physiologist
- Assist colleagues in maintaining strong links with local and regional higher education organisations
- Attend regular clinical supervision sessions and participate in annual personal performance and development review sessions

Other duties and responsibilities

Service to populate

This is not intended to be exhaustive and may be reviewed periodically with the post holder to ensure that the job relates to the job being performed.