

Recruitment Ref:

AfC Ref:

## Job details

Job title: Expert/Advanced Practitioner Clinical Exercise Physiologist

Band: 8a

Hours: Service to populate

Contract:

Location:

Responsible to:

Reports to:

Liaises with:

## Job purpose

- Direct responsibility for the implementation and delivery of exercise prehabilitation and/or rehabilitation and setting the strategic direction for the service
- To independently deliver advanced specialist assessments and interventions for highly complex service users to facilitate standardised functional capacity tests and exercise interventions
- To provide clinical leadership, act as a role model and provide expertise to staff leading an evidence-based, safe and effective service for service users

## Main duties and responsibilities

### Cancer prehabilitation and/or rehabilitation (perioperative and non-surgical)

Within a multi-disciplinary team draw on expert knowledge to manage a comprehensive prehabilitation and/or rehabilitation programme, to include:

- Manage staff leading functional capacity assessments to establish physical capabilities and facilitate needs-based cancer prehabilitation interventions
- Demonstrate advanced reasoning and critical thinking in the needs-based assessments, interpretation and development of personalised programmes suitable for service users with cancer and co-morbid conditions
- Manage staff leading highly complex clinical assessments and risk stratification
- Provide expert knowledge in the design and delivery of educational talks, such as exercise, goal setting and universal nutrition to facilitate behaviour change
- Oversee the management of staff delivering exercise-based cancer prehabilitation sessions
- Manage highly complex clinical caseloads and delegate to other members of the multidisciplinary team where appropriate
- Monitor and progress highly complex service users undergoing cancer prehabilitation, evaluating their condition and adapting their programme as necessary within evidenced-based department standards and protocols
- Work independently, applying professional knowledge, skills and judgement with the freedom to initiate actions within operational guidelines

## Main duties and responsibilities (Continued)

- Ensure all records associated with cancer prehabilitation and/or rehabilitation service are maintained in accordance with Trust Code of Conduct and Data protection policies
- Manage provision and delivery of departmental education and training programmes
- Supervise and mentor junior staff members to enable career progression and conduct appraisals
- Be responsible for providing expert knowledge, alongside technical expertise to aid in the training and development of the team
- Communicate with all members of the prehabilitation team and the wider multidisciplinary team in an effective manner
- Lead on collaboration with relevant stakeholders across the health and leisure industry to enable continuity and development of cancer service user care
- To design, lead and implement service improvement research, evaluation and clinical audit
- Develop and implement department policies, protocols and procedures and monitor staff compliance
- Responsibility for the management of service budgets and business case development
- Lead on workforce planning and recruitment
- Ability to travel across sites to oversee the delivery of cancer prehabilitation and rehabilitation interventions (service to delete as required)
- Be responsible for the identification of possible areas of risk and take appropriate action to minimise these to enable effective service delivery

### Professional and health education

Support fellow health and other professionals, and members of the public by:

- Maintaining a Continued Professional Development (CPD) portfolio that demonstrates the Academy for Healthcare Science (AHCS) Clinical Exercise Physiologist registration
- Be professionally and legally accountable for all aspects of own work including the management of service in your care, practising in accordance with the AHCS standards of professional conduct and good scientific practice
- Respond to requests for advice and information from the public and other health professionals
- Maintain up to date knowledge and understanding of research literature relating to the prevention, treatment and rehabilitation of service users across cancer and co-morbid conditions to facilitate evidence based clinical practice
- Work in accordance with the scope of practice for a UK Clinical Exercise Physiologist
- Negotiate, establish and maintain relationships with relevant stakeholders
- Work across organisational and professional boundaries to improve the quality of patient care and service delivery

### Other duties and responsibilities

Service to populate

*This is not intended to be exhaustive and may be reviewed periodically with the post holder to ensure that the job relates to the job being performed.*