

Band 5 – Exercise Physiologist

ACCEND Level of Practice: Registration

Essential

Desirable

Measure:
AF = Application form
I = Interview
A = Assessment test

Education and Qualifications

BSc in Sport and Exercise Science/Exercise Physiology or closely related subject	X		AF / I
Academy of Healthcare Science (AHCS) registration as a Clinical Exercise Physiologist or with expectation to work towards registration in agreed timeframe		X	AF / I
Specialist Cancer Exercise Instructor Qualification or equivalent	X		AF / I
Evidence of postgraduate study in relevant subject area such as Clinical Exercise Physiology		X	AF / I
Evidence of achievement of core cancer capabilities in Practice (CiPs) at registration level		X	AF / I
Evidence of achievement of Foundations in Cancer Care learning outcomes or equivalent		X	AF / I

Experience and Knowledge

Previous experience of working with healthy populations	X		AF / I
Previous experience of working with clinical populations to promote behaviour change	X		AF / I
Experience of assisting/delivering needs based structured and graded exercise sessions	X		AF / I
Experience of developing personalised exercise programmes	X		AF / I
Experience of conducting standardised fitness assessments	X		AF / I
Experience of assisting or delivering teaching and advice to service users and their families on how to manage their condition or supporting the multi-disciplinary team to do so	X		AF / I
Awareness of the national guidance for prehabilitation and rehabilitation related to cancer	X		AF / I
Experience in adapting exercise for those with comorbidities		X	
Have thorough knowledge of the relevant professional standards	X		AF / I
Previous experience of working within cancer prehabilitation and rehabilitation and knowledge of symptoms associated with cancer, cancer treatments and late effects		X	AF / I
Experience of managing a clinical caseload		X	AF / I

(Continued)
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Skills and Attributes

Ability to independently perform a range of appropriate clinical, anthropometric, and functional capacity assessments	X		AF / I
Ability to work as part of a team	X		AF / I
Ability to work both under direction and independently	X		
Ability to deliver enhanced clinical care in the context of continual change, challenging environments, different models of care delivery, innovation and rapidly evolving technologies	X		AF / I
Ability to assess clinical information and personalise needs-based care accordingly		X	AF / I
Ability to delegate to other members of the multidisciplinary team and take accountability for their delegated activity		X	AF / I
Ability to recognise scope of practice and when appropriate onward referral is required		X	AF / I

Personal Qualities

Ability to communicate condition related information to service users and their families and other clinicians	X		AF / I
Motivation to work as part of a multidisciplinary team	X		AF / I
Demonstrate real desire to work with people with long-term conditions	X		AF / I
A commitment to the organisation and the delivery of its aims and goals	X		AF / I
Ability to travel as required	X		AF / I
Access to a car for work purposes	X		AF / I
Membership of a professional organisation related to the position		X	AF / I