

The Inaugural CEP-UK Conference Agenda

Friday 5th April 2024

Manchester Metropolitan University



CEP-UK Conference
Manchester 5 April 2024

9:00 – 9:30	Arrival and Registration
9:30 – 9:40	Welcome to the conference - The Evolution of the Clinical Exercise Physiology Profession Speakers: Prof Tim Cable and Prof David Broom
9:40 – 10:00	CEP-UK - The Journey So Far Speaker: Prof Helen Jones
10:00 – 11:00	International Keynote - Pathophysiology of exercise intolerance in older breast cancer survivors: Similarities between heart failure and preserved ejection fraction Speaker: Prof Mark Haykowsky Chair: Prof Greg Whyte
11:00 - 11:30	Break - Networking, Poster, Case Study and Exhibitor viewing
11:30 – 12:30	Session 1: Clinical Exercise Physiologists in Action: Service provision and Research Studies a) Reflections from implementation of Clinical Exercise Physiologist's in an NHS Cancer Prehabilitation Team Speakers: Duncan Grant (Barts Health Trust) b) The role of Clinical Exercise Physiologists in Prehabilitation services within the NHS: An insight into the Fit4Surgery Team's Cancer and Orthopaedic services Speakers: Noemi Vadaszy, Nicole Coull, Jessica Morris (University Hospitals of Leicester NHS Trust) c) Multimodal Prehabilitation - evaluating the tolerability and feasibility of resistance-based HIT with higher frequency to optimise colorectal cancer patients with reduced surgery wait times Speaker: Talitha Klerk (Edinburgh Napier University) d) Integrating clinical exercise physiologists into an academic vascular surgical unit in the UK Speakers: Sean Pymer and Jon Prosser (Hull York Medical School)
12:30 – 13:30	Lunch - Networking, Poster, Case Study and Exhibitor viewing
13:30 – 14:30	Session 2: Clinical Exercise Physiologists in Action: Service provision and Research Studies a) Multi-morbid prehabilitation Speaker: Dr James Otto/Prof Sandy Jack (University Hospital Southampton) b) The benefits and challenges of multi-morbid rehabilitation Speaker: Matt Annals (University Hospitals of Leicester NHS Trust) c) Exercise and Postural Tachycardia Syndrome (PoTS) Speaker: Emily Cochrane (ExPhysEm/University of Bath) d) Evolution and evaluation of health-related physical fitness parameters and quality of life among pulmonary service-users on completion of the uCHAMP Speaker: Kasha Dickie (University of Chichester)
14:30 – 15:30	Session 3: Clinical Exercise Physiologists in Action: Private service provision and new possibilities a) How to set up a CEP business Speaker: Ben Duckett (Performance and Health Therapy) b) The feasibility of integrating clinical exercise physiologists in primary care Speaker: Dr Gemma Miller (Liverpool John Moores University) c) Clinical Exercise Physiology: Private practice in the community Speaker: Victoria Anderson (Longevity Health and Fitness)
15:30 – 15:45	Break - Networking, Poster, Case Study and Exhibitor viewing
15:45 – 16:30	Session 4: Is High Intensity Interval Training (HIIT) Clinically Effective? Speaker: Prof John Buckley
16:30 – 16:45	Conference Close and Prize Giving Speakers: Prof Helen Jones and Prof David Broom
16:45 – 17:30	Drinks Reception and Networking